

NATURAL KITCHEN CLEANER

INGREDIENTS

- 1 (32 oz.) Empty Spray Bottle Bottle
- 2 Tablespoons Hydrogen Peroxide
- 1 Tablespoon Castile Soap (scent of your choice)

DIRECTIONS

ONE: Fill the empty spray bottle up with plain tap water. Leave an inch or two of room at the top. Use a brand-new spray bottle or thoroughly clean out an old one. Just don't use an old one that has some original cleaner still in it. Mark the bottle in big letters with a permanent marker.

TWO: Add 2 tablespoons (1 oz.) of hydrogen peroxide. Shake it well.

THREE: Add 1 tablespoon (1/2 oz.) of castile soap (made from vegetable oil). Shake well.

FOUR: Use the mixture as you would any other spray cleaner. Just spray and wipe with a cloth or sponge. You can even clean your cutting boards and food prep areas with it. Rinse the cutting board with water afterward.

ORIGINAL RECIPE BY MARGARET DILLOWAY FROM EHOW

